



livingripples

Empower • Support • Connect

About

[Living Ripples](#) is a three-year wellbeing and resilience process to empower, support and connect Australian primary and secondary schools so they can confidently build student resilience and wellbeing. It also enables schools to meaningfully engage staff and families.

Living Ripples is designed for schools to implement and act on comprehensive wellbeing information collected from students, staff and parents and carers. They are supported all along the way. And why wellbeing? Because it underpins all areas for student success.

Getting involved

Living Ripples recognises and respects that a school's commitment to supporting their students' success is long term, complex and ongoing. Because of this, one cycle of the Living Ripples process is three years.

Once a school decides to participate in the Living Ripples process, they apply through our [Ask and Offer](#) form. The form is received by Kind Schools Ltd, the for-purpose charity established to deliver Living Ripples. All schools are eligible to receive funding. Applications are open all year and applications are assessed monthly with schools advised promptly. Schools receiving funding have each element funded for one cycle or three years which is reviewed annually based on engagement and performance.

Survey	Action Plan	Teacher Audit	Action Plan Review
\$8/student/year \$10/teacher/year	\$595/year	\$295/year	\$750/year

The process: Year 1 of 3

School engagement

Living Ripples is a stepped and logical process. When a school commits to Living Ripples, often the first stage is to engage all families, students, and the broader school community. How schools do this is up to them. To support this process, there are a range of short how-to guides on our Resources page including the [In-School Launch](#), creating [Community Connections](#) along with examples provided by schools.

Survey

With the process started, the next step is for the school to undertake [student, teacher and parent surveys](#). Information is collected anonymously with the same login access code given to all students, teachers, and families. This is a once a year activity. The timing of the online [survey](#) and the 'window' that it is open and receiving responses is the school's decision. Schools [preparing](#) for and [delivering](#) the survey can access how-to guides from our [Resources](#).

Action plan

With the data gathered, the findings are automatically amalgamated into year level summaries. From the information, schools develop a [School Wellbeing Action Plan](#) using the research findings and in consultation with the University of Adelaide's WILD Lab. The process identifies specific, common and/or resilience and wellbeing focus areas to allow the school to develop and deliver effective responses and review programs and activities to best support their current students and school community.

Audit

Once the Action Plan has been in place for some months, a teacher audit, a quick online check-in with nominated teachers is done.

Action plan review

And then, within six months of when the School Wellbeing Action Plan began, there is a review and evaluation which helps inform the next planning cycle.

Communications and celebration

Schools often share their progress within the school community, often each term and at the end of year. All schools are encouraged to share their stories with the team at Living Ripples at any stage of the process and many find that at the end of a year is one of those times.

The process: Year 2 of 3

In Year 2, the process repeats. Because one cycle, and one funding cycle, of Living Ripples runs over three years, at the beginning of each school year, most schools undertake an annual launch of Living Ripples. This welcomes new families and their children into the process and supports community communications and connections. The survey is repeated and this gathers up-to-date additional information to review, adapt and develop the current SWAP or create a new plan most suited to the current students.

The process: Year 3 of 3

In Year 3, the process repeats. All the data collected over the three years is available to the school in their own school's reporting portal to access, interpret and review. At this time, schools may decide to continue their engagement and may reapply through the [Ask and Offer Form](#).

Support and connect

Alongside the Living Ripples process, schools are supported and connected in a range of ways to help underpin and strengthen their wellbeing work.

Living Ripples supports schools access programs, tools and resources to build student wellbeing and resilience and improve engagement, belonging and academic performance. We also provide the **Living Ripples School Wellbeing Grants Program**. The Grant Program becomes available to Living Ripples schools when they have completed their School Wellbeing Action Plan to help implement programs and services that are aligned in their plan.

Living Ripples connects with individual schools and also helps facilitate a national community of practice to bring together all Living Ripples schools and communities (in person and online). Our aim is to bring together those best placed to share about the process, the schools, and provide best practice insights and responses to building student resilience and wellbeing. The community of practice fosters collaboration, encourages school clusters and peer to peer learning.

The online community of practice is known as the [Living Ripples Pool](#) and brings together resources, stories, ideas, recommendations, successes, guides and examples to encourage peer learning and cooperation. The material is open source encouraging others to view, modify, add, and improve so that the collective strategies adopted in different schools and communities can be shared to benefit all young people. Much of this is shared in our twice a term newsletters, [On The Pond: Living Ripples at Work](#).

We also use the [Living Ripples Pool](#) to share and celebrate schools and do this through our [Partner Profiles](#). All schools are invited to contribute their story which can be done as an interview with one of the Living Ripples team, through a site visit, a video, or a way that works best for the school.

While helping individual schools and local clusters of schools, Living Ripples wants to establish a national network of participating communities to help all children and young people to achieve their potential. It is this intention that The Phillips Foundation, a private ancillary fund established by Anthony and Liz Phillips in 2017 have established its delivery arm, Kind Schools Ltd and are actively involved in its operation. Kind Schools Ltd is governed by a [Board and supported by a team](#) with specialist and practical experience to support a school's wellbeing journey.

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