

A selected summary of school-based student resilience reporting tools



Feature / Tool	My Mind Check	Living Ripples Plus	Switch4Schools	UpSchool My Voice
Purpose	Free, evidence-based digital check-in tool for Australian schools to proactively gather student mental health and wellbeing data.	Customised specifically for the Living Ripples (LR) process, this real-time self-reporting web app supports and evaluates wellbeing initiatives and is directly linked to Survey results and Action Plans for real time monitoring and outcomes reporting.	Whole-school a comprehensive emotional intelligence, behaviour management, and Social and Emotional Learning (SEL) tool (web app) developed to address challenges in student behaviour and enhance emotional intelligence.	A student voice platform enabling students to publish their own positive news stories and impact projects.
Key Features	- Voluntary student check-ins - Provides schools with proactive information about students - Assists schools in making wellbeing decisions based on quality, evidence-based data	- Check-ins + supporting questions customised to reflect school's individual wellbeing initiatives - Wellbeing tools (journaling, brain breaks) - User-friendly reporting directly aligned with LR factors. Designed with LR school communities. - Building a community of practice by hosting of school videos showcasing positive culture or supporting wellbeing initiatives. See here.	- Daily emotional check-ins with real-time dashboards to track student wellbeing trends. - AI-powered "switches" and nudges that support self-regulation and emotional growth. - Curriculum-aligned SEL resources including lessons, videos, activities, and printables. - Teacher and student wellbeing portals with support tools, alerts, reports and analysis.	- Integrated into school websites to increase visibility and community engagement - All posts are reviewed and approved by teachers before publishing - Offers real-world learning
Integration with Living Ripples	Not specifically designed for Living Ripples but can provide complementary data to support wellbeing initiatives.	Real-time, surveying available throughout the year specifically designed to support the Living Ripples Process, offering flexible and intuitive tools and processes linked to Student Wellbeing Survey results and Student Wellbeing Action Plan priorities.	While not specifically designed for Living Ripples, its features can complement the process by providing real-time data and insights into individual wellbeing particularly in improved behaviour and student conduct.	Not directly aligned with Living Ripples but offers a way for students to share their stories and can be aligned to factors/ focus areas to support wellbeing initiatives.
Data Reporting	Provides schools with proactive information about students to assist in making wellbeing decisions.	Offers streamlined collation, journaling and reporting of student, class, and school data, co-designed with principals and teachers from LR community.	Provides immediate snapshots and longitudinal views of individual, class, school and teacher mental health for analysis and benchmarking.	Reporting of stories by focus area and community engagement tracked.
Student Engagement	Voluntary participation in check-ins, allowing students to reflect on their feelings and access support.	Encourages active participation from students in supporting their wellbeing with survey questions customisable to reflect student priorities. Student inclusion in school videos supports sense of belonging. Check-in complexity adjustable based on year level.	Engages students through quick daily emotional check-ins, access to AI-powered self-regulation "switches," engaging games, mindfulness activities, curriculum-aligned SEL lessons, and a personal emotional toolkit to build emotional intelligence and wellbeing.	Students create and share their stories publicly and select topics they care about offering recognition and pride by seeing their work published.
Teacher Support	Assists schools in understanding their students and using quality data to make wellbeing decisions.	Provides tools and processes for teachers to capture regular feedback, highlight issues, report to executive and deliver guided content and gather evidence to monitor and analyse student wellbeing in real-time.	Supports teachers with relevant PD, real-time wellbeing data, a dedicated teacher wellbeing portal, dedicated wellbeing support staff mode, curriculum-aligned resources, and ongoing technical and implementation support.	Offers teachers a way to hear directly from the students and track the interest/ engagement in the resilience and wellbeing priorities of the school.
Cost	Free for Australian schools.	\$2,000 pa/school up to 150 subscriber schools, \$1,750 pa/school for 150 to 300 schools, \$1,500 pa/school for 300+ schools. Currently integrated within the Living Ripples process for Version 2 schools (to 30 June 2025).	\$15 p/student p/a. Teachers and staff are free. Micro school and large school discounts available. Free trial for one term.	\$2,300 pa/school for the story telling platform.
Provider	My Mind Check (Commonwealth Government)	Champion Life, Living Ripples Plus	Switch4Schools	UpSchool